



## Airings By Station

3 Steps to Pain-Free Living

11/6/2020 - 12/3/2020

All Channel Coverage: 61.11 %

Station	Date	Time	Daypart	TZ	Episode	Dur	Rank	Cvg	Market
WLIWDT	11/23/2020	1:00 AM	Late Fringe	ET		120	1	6.16 %	New York
WLIWDT	11/30/2020	1:00 AM	Late Fringe	ET		120	1	6.16 %	New York
WNETDT	11/7/2020	6:00 AM	Early Morning	ET		120	1	6.16 %	New York
WNETDT	11/8/2020	12:30 AM	Late Fringe	ET		120	1	6.16 %	New York
WNETDT	11/9/2020	3:00 AM	Overnight	ET		120	1	6.16 %	New York
WNETDT	11/28/2020	6:00 AM	Early Morning	ET		120	1	6.16 %	New York
WNETDT	11/29/2020	12:30 AM	Late Fringe	ET		120	1	6.16 %	New York
KOCEDT	11/28/2020	3:30 AM	Overnight	PT		120	2	4.74 %	Los Angeles
KOCEDT	11/29/2020	11:00 PM	Late Fringe	PT		120	2	4.74 %	Los Angeles
KOCEDT2	11/28/2020	1:00 AM	Late Fringe	PT		120	2	4.74 %	Los Angeles
KOCEDT2	11/30/2020	9:00 PM	Prime Time	PT		120	2	4.74 %	Los Angeles
KVCRDT	11/13/2020	3:00 AM	Overnight	PT		120	2	4.74 %	Los Angeles
WHYYDT	11/9/2020	1:00 AM	Late Fringe	ET		120	4	2.48 %	Philadelphia
WHYYDT	11/11/2020	4:00 AM	Overnight	ET		120	4	2.48 %	Philadelphia
WHYYDT	11/14/2020	1:00 AM	Late Fringe	ET		120	4	2.48 %	Philadelphia
WHYYDT	11/17/2020	1:00 AM	Late Fringe	ET		120	4	2.48 %	Philadelphia
WHYYDT	11/21/2020	4:00 AM	Overnight	ET		90	4	2.48 %	Philadelphia
WHYYDT2	11/7/2020	7:00 AM	Early Morning	ET		90	4	2.48 %	Philadelphia
WHYYDT2	11/7/2020	5:30 PM	Early Fringe	ET		120	4	2.48 %	Philadelphia
WHYYDT2	11/8/2020	11:30 PM	Late Fringe	ET		90	4	2.48 %	Philadelphia
WHYYDT2	11/9/2020	11:00 AM	Mid Morning	ET		120	4	2.48 %	Philadelphia
WHYYDT2	11/10/2020	5:30 PM	Early Fringe	ET		120	4	2.48 %	Philadelphia
WHYYDT2	11/11/2020	9:30 PM	Prime Time	ET		90	4	2.48 %	Philadelphia
WHYYDT2	11/12/2020	7:30 AM	Early Morning	ET		120	4	2.48 %	Philadelphia
WHYYDT2	11/12/2020	5:00 PM	Early Fringe	ET		120	4	2.48 %	Philadelphia
WHYYDT2	11/12/2020	9:00 PM	Prime Time	ET		90	4	2.48 %	Philadelphia
WHYYDT2	11/14/2020	5:00 PM	Early Fringe	ET		90	4	2.48 %	Philadelphia

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11/6/2020 11:27 AM

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Station	Date	Time	Daypart	TZ	Episode	Dur	Rank	Cvg	Market
WHYYDT2	11/16/2020	7:30 AM	Early Morning	ET		120	4	2.48 %	Philadelphia
WHYYDT2	11/16/2020	5:00 PM	Early Fringe	ET		120	4	2.48 %	Philadelphia
WHYYDT2	11/16/2020	9:00 PM	Prime Time	ET		90	4	2.48 %	Philadelphia
WHYYDT2	11/17/2020	12:30 PM	Early Afternoon	ET		90	4	2.48 %	Philadelphia
WHYYDT2	11/17/2020	11:30 PM	Late Fringe	ET		90	4	2.48 %	Philadelphia
WHYYDT2	11/18/2020	2:30 PM	Early Afternoon	ET		90	4	2.48 %	Philadelphia
WHYYDT2	11/20/2020	7:00 AM	Early Morning	ET		120	4	2.48 %	Philadelphia
WHYYDT2	11/20/2020	9:00 AM	Mid Morning	ET		90	4	2.48 %	Philadelphia
WHYYDT2	11/20/2020	6:30 PM	Early Fringe	ET		120	4	2.48 %	Philadelphia
WHYYDT2	11/21/2020	11:30 PM	Late Fringe	ET		90	4	2.48 %	Philadelphia
WHYYDT2	11/22/2020	7:30 AM	Early Morning	ET		90	4	2.48 %	Philadelphia
WHYYDT2	11/22/2020	6:30 PM	Early Fringe	ET		90	4	2.48 %	Philadelphia
WHYYDT2	11/22/2020	9:00 PM	Prime Time	ET		120	4	2.48 %	Philadelphia
WHYYDT2	11/24/2020	1:30 PM	Early Afternoon	ET		90	4	2.48 %	Philadelphia
WHYYDT2	11/25/2020	1:00 PM	Early Afternoon	ET		120	4	2.48 %	Philadelphia
WHYYDT2	11/29/2020	1:30 PM	Early Afternoon	ET		90	4	2.48 %	Philadelphia
WHYYDT2	11/29/2020	5:00 PM	Early Fringe	ET		90	4	2.48 %	Philadelphia
WHYYDT2	11/30/2020	7:00 AM	Early Morning	ET		90	4	2.48 %	Philadelphia
WHYYDT2	11/30/2020	5:30 PM	Early Fringe	ET		90	4	2.48 %	Philadelphia
WHYYDT2	12/2/2020	2:30 PM	Early Afternoon	ET		90	4	2.48 %	Philadelphia
KQEDDT	11/21/2020	6:00 AM	Early Morning	PT		120	6	2.19 %	San Francisco
KQEHD	11/22/2020	11:30 AM	Mid Morning	PT		120	6	2.19 %	San Francisco
KQEDDT2	11/22/2020	11:30 AM	Mid Morning	PT		120	6	2.19 %	San Francisco
KQEHD2	11/21/2020	6:00 AM	Early Morning	PT		120	6	2.19 %	San Francisco
WGTVD	11/29/2020	7:00 AM	Early Morning	ET		120	7	2.19 %	Atlanta
WGTVD	12/1/2020	3:30 AM	Overnight	ET		120	7	2.19 %	Atlanta
WHUTDT	11/8/2020	9:00 AM	Mid Morning	ET		90	9	2.12 %	Washington
WHUTDT	11/12/2020	12:00 AM	Late Fringe	ET		90	9	2.12 %	Washington
WHUTDT	11/25/2020	1:30 AM	Late Fringe	ET		90	9	2.12 %	Washington
WGBHDT2	11/29/2020	9:30 PM	Prime Time	ET		120	10	2.06 %	Boston

Station	Date	Time	Daypart	TZ	Episode	Dur	Rank	Cvg	Market
WGBHDT2	11/30/2020	12:00 AM	Late Fringe	ET		210	10	2.06 %	Boston
WGBHDT2	11/30/2020	9:30 AM	Mid Morning	ET		150	10	2.06 %	Boston
KAETDT	11/27/2020	11:30 PM	Late Fringe	MT		120	11	1.78 %	Phoenix
KAETDT2	11/29/2020	9:00 AM	Mid Morning	MT		120	11	1.78 %	Phoenix
KBTCDDT	11/16/2020	12:30 AM	Late Fringe	PT		120	12	1.74 %	Seattle
KBTCDDT	11/23/2020	7:00 AM	Early Morning	PT		120	12	1.74 %	Seattle
KBTCDDT	11/24/2020	1:00 AM	Late Fringe	PT		120	12	1.74 %	Seattle
KBTCDDT	11/27/2020	5:00 AM	Overnight	PT		120	12	1.74 %	Seattle
KCKADT	11/16/2020	12:30 AM	Late Fringe	PT		120	12	1.74 %	Seattle
KCKADT	11/23/2020	7:00 AM	Early Morning	PT		120	12	1.74 %	Seattle
KCKADT	11/24/2020	1:00 AM	Late Fringe	PT		120	12	1.74 %	Seattle
KCKADT	11/27/2020	5:00 AM	Overnight	PT		120	12	1.74 %	Seattle
KTCADT	11/29/2020	2:00 PM	Mid Afternoon	CT		120	14	1.56 %	Minneapolis
KTCADT	11/29/2020	11:00 PM	Late Fringe	CT		120	14	1.56 %	Minneapolis
KTCIDT3	11/29/2020	10:00 PM	Late Fringe	CT		120	14	1.56 %	Minneapolis
WTVSDT	11/8/2020	3:30 AM	Overnight	ET		120	15	1.54 %	Detroit
WTVSDT	11/18/2020	1:00 AM	Late Fringe	ET		120	15	1.54 %	Detroit
WTVSDT	11/25/2020	1:30 AM	Late Fringe	ET		120	15	1.54 %	Detroit
KRMADT	11/28/2020	4:00 PM	Early Fringe	MT		120	16	1.49 %	Denver
KRMADT	11/30/2020	10:00 PM	Late Fringe	MT		300	16	1.49 %	Denver
KRMZ	11/28/2020	4:00 PM	Early Fringe	MT		120	16	1.49 %	Denver
KRMZ	11/30/2020	10:00 PM	Late Fringe	MT		300	16	1.49 %	Denver
KRMZDT	11/28/2020	4:00 PM	Early Fringe	MT		120	16	1.49 %	Denver
KRMZDT	11/30/2020	10:00 PM	Late Fringe	MT		300	16	1.49 %	Denver
WLRNDT	11/30/2020	12:00 PM	Early Afternoon	ET		120	18	1.40 %	Miami
WPBTDT	11/29/2020	3:00 AM	Overnight	ET		120	18	1.40 %	Miami
WPBTDT	11/29/2020	6:00 AM	Early Morning	ET		120	18	1.40 %	Miami
WEAODT	11/15/2020	11:30 PM	Late Fringe	ET		120	19	1.25 %	Cleveland
WEAODT	11/22/2020	12:30 PM	Early Afternoon	ET		90	19	1.25 %	Cleveland
KVIEDT	11/16/2020	12:00 AM	Late Fringe	PT		90	20	1.21 %	Sacramento

Station	Date	Time	Daypart	TZ	Episode	Dur	Rank	Cvg	Market
KVIEDT	11/18/2020	4:30 AM	Overnight	PT		90	20	1.21 %	Sacramento
KVIEDT	11/28/2020	6:30 AM	Early Morning	PT		120	20	1.21 %	Sacramento
KVIEDT2	11/28/2020	9:30 AM	Mid Morning	PT		120	20	1.21 %	Sacramento
KVIEDT2	11/29/2020	9:00 AM	Mid Morning	PT		120	20	1.21 %	Sacramento
KOPBDT	11/29/2020	2:00 PM	Early Afternoon	PT		90	21	1.09 %	Portland
KOPBDT2	11/29/2020	2:00 PM	Early Afternoon	PT		90	21	1.09 %	Portland
KTVRDT	11/29/2020	2:00 PM	Early Afternoon	PT		90	21	1.09 %	Portland
KTVRDT2	11/29/2020	2:00 PM	Early Afternoon	PT		90	21	1.09 %	Portland
WTVIDT	11/28/2020	8:00 AM	Early Morning	ET		120	22	1.07 %	Charlotte
WTVIDT	11/28/2020	2:00 PM	Early Afternoon	ET		120	22	1.07 %	Charlotte
WTVIDT	11/29/2020	11:00 PM	Late Fringe	ET		180	22	1.07 %	Charlotte
WUNGDT3	11/28/2020	11:00 AM	Mid Morning	ET		90	22	1.07 %	Charlotte
WUNGDT3	11/29/2020	2:00 AM	Overnight	ET		120	22	1.07 %	Charlotte
WUNEDT	11/29/2020	2:00 AM	Overnight	ET		120	22	1.07 %	Charlotte
KETCDT	11/27/2020	1:00 AM	Overnight	CT		120	23	1.02 %	St. Louis
KETCDT	11/29/2020	9:00 AM	Mid Morning	CT		120	23	1.02 %	St. Louis
WUNCDT3	11/29/2020	2:00 AM	Overnight	ET		120	24	1.02 %	Raleigh-Durham
UNCEX	11/28/2020	11:00 AM	Mid Morning	ET		90	24	1.02 %	Raleigh-Durham
UNCEX	11/29/2020	2:00 AM	Overnight	ET		120	24	1.02 %	Raleigh-Durham
WUNPDT	11/29/2020	2:00 AM	Overnight	ET		120	24	1.02 %	Raleigh-Durham
WTIU DT2	11/30/2020	1:30 AM	Late Fringe	ET		120	25	0.98 %	Indianapolis
WTIU DT2	11/30/2020	9:30 AM	Mid Morning	ET		120	25	0.98 %	Indianapolis
WQEDDT3	11/29/2020	9:30 PM	Prime Time	ET		120	26	0.96 %	Pittsburgh
WQEDDT3	11/30/2020	1:30 AM	Late Fringe	ET		120	26	0.96 %	Pittsburgh
WQEDDT3	11/30/2020	9:30 AM	Mid Morning	ET		120	26	0.96 %	Pittsburgh
KPBSDT	11/29/2020	11:00 PM	Late Fringe	PT		120	27	0.94 %	San Diego
KPBSDT2	11/30/2020	6:30 AM	Early Morning	PT		150	27	0.94 %	San Diego
KLRNDT2	11/29/2020	8:30 PM	Prime Time	CT		120	31	0.85 %	San Antonio
KLRNDT2	11/30/2020	12:30 AM	Late Fringe	CT		120	31	0.85 %	San Antonio
KLRNDT2	11/30/2020	8:30 AM	Mid Morning	CT		120	31	0.85 %	San Antonio

Station	Date	Time	Daypart	TZ	Episode	Dur	Rank	Cvg	Market
WUNEDT3	11/29/2020	2:00 AM	Overnight	ET		120	35	0.78 %	Greenville-Spartan
WUNWDT	11/29/2020	2:00 AM	Overnight	ET		120	35	0.78 %	Greenville-Spartan
WCVNDT	11/28/2020	1:30 PM	Early Afternoon	ET		120	36	0.77 %	Cincinnati
WCVNDT	11/29/2020	12:30 AM	Late Fringe	ET		90	36	0.77 %	Cincinnati
WKONDT	11/28/2020	1:30 PM	Early Afternoon	ET		120	36	0.77 %	Cincinnati
WKONDT	11/29/2020	12:30 AM	Late Fringe	ET		90	36	0.77 %	Cincinnati
WCVNDT2	11/29/2020	6:00 AM	Early Morning	ET		120	36	0.77 %	Cincinnati
WKONDT2	11/29/2020	6:00 AM	Early Morning	ET		120	36	0.77 %	Cincinnati
KLVXDT	11/28/2020	2:00 AM	Overnight	PT		120	40	0.69 %	Las Vegas
KLVXDT	11/28/2020	1:00 PM	Early Afternoon	PT		120	40	0.69 %	Las Vegas
KLVXDT	11/30/2020	3:00 AM	Overnight	PT		120	40	0.69 %	Las Vegas
WXGADT	11/29/2020	7:00 AM	Early Morning	ET		120	43	0.63 %	Jacksonville
WXGADT	12/1/2020	3:30 AM	Overnight	ET		120	43	0.63 %	Jacksonville
KETADT2	11/29/2020	8:30 PM	Prime Time	CT		120	44	0.62 %	Oklahoma City
KETADT2	11/30/2020	12:30 AM	Late Fringe	CT		150	44	0.62 %	Oklahoma City
KETADT2	11/30/2020	8:30 AM	Mid Morning	CT		150	44	0.62 %	Oklahoma City
WUNDDT3	11/29/2020	2:00 AM	Overnight	ET		120	46	0.60 %	Norfolk
WUNLDT3	11/29/2020	2:00 AM	Overnight	ET		120	47	0.59 %	Greensboro
KENWDT2	11/28/2020	3:30 PM	Mid Afternoon	MT		90	48	0.59 %	Albuquerque
KRMUDT	11/28/2020	4:00 PM	Early Fringe	MT		120	48	0.59 %	Albuquerque
KRMUDT	11/30/2020	10:00 PM	Late Fringe	MT		300	48	0.59 %	Albuquerque
WKMJDT	11/29/2020	6:00 AM	Early Morning	ET		120	49	0.58 %	Louisville
WKPCDT	11/28/2020	1:30 PM	Early Afternoon	ET		120	49	0.58 %	Louisville
WKPCDT	11/29/2020	12:30 AM	Late Fringe	ET		90	49	0.58 %	Louisville
WKZTDT	11/28/2020	1:30 PM	Early Afternoon	ET		120	49	0.58 %	Louisville
WKZTDT	11/29/2020	12:30 AM	Late Fringe	ET		90	49	0.58 %	Louisville
WKPCDT2	11/29/2020	6:00 AM	Early Morning	ET		120	49	0.58 %	Louisville
WKZTDT2	11/29/2020	6:00 AM	Early Morning	ET		120	49	0.58 %	Louisville
WMAVDT	11/28/2020	8:00 AM	Mid Morning	CT		90	51	0.51 %	Memphis
WKNODT2	11/30/2020	12:30 AM	Late Fringe	CT		120	51	0.51 %	Memphis

Station	Date	Time	Daypart	TZ	Episode	Dur	Rank	Cvg	Market
WKNODT2	11/30/2020	8:30 AM	Mid Morning	CT		120	51	0.51 %	Memphis
WNEDDT2	11/7/2020	10:30 PM	Prime Time	ET		90	53	0.51 %	Buffalo
KVPTDT	11/28/2020	6:00 AM	Early Morning	PT		120	55	0.50 %	Fresno-Visalia
WVIADT	11/8/2020	12:30 AM	Late Fringe	ET		90	58	0.47 %	Wilkes Barre
WVIADT	11/17/2020	12:30 AM	Late Fringe	ET		90	58	0.47 %	Wilkes Barre
KEMVDT	11/11/2020	1:00 AM	Overnight	CT		120	59	0.46 %	Little Rock, AR
KETGDT	11/11/2020	1:00 AM	Overnight	CT		120	59	0.46 %	Little Rock, AR
KETSDT	11/11/2020	1:00 AM	Overnight	CT		120	59	0.46 %	Little Rock, AR
KOEDDT2	11/29/2020	8:30 PM	Prime Time	CT		120	61	0.46 %	Tulsa
KOEDDT2	11/30/2020	12:30 AM	Late Fringe	CT		150	61	0.46 %	Tulsa
KOEDDT2	11/30/2020	8:30 AM	Mid Morning	CT		150	61	0.46 %	Tulsa
WKHADT	11/28/2020	1:30 PM	Early Afternoon	ET		120	63	0.41 %	Lexington
WKHADT	11/29/2020	12:30 AM	Late Fringe	ET		90	63	0.41 %	Lexington
WKLEDT	11/28/2020	1:30 PM	Early Afternoon	ET		120	63	0.41 %	Lexington
WKLEDT	11/29/2020	12:30 AM	Late Fringe	ET		90	63	0.41 %	Lexington
WKLEDT2	11/29/2020	6:00 AM	Early Morning	ET		120	63	0.41 %	Lexington
WKMRDT	11/28/2020	1:30 PM	Early Afternoon	ET		120	63	0.41 %	Lexington
WKMRDT	11/29/2020	12:30 AM	Late Fringe	ET		90	63	0.41 %	Lexington
WKSODT	11/28/2020	1:30 PM	Early Afternoon	ET		120	63	0.41 %	Lexington
WKSODT	11/29/2020	12:30 AM	Late Fringe	ET		90	63	0.41 %	Lexington
WKHADT2	11/29/2020	6:00 AM	Early Morning	ET		120	63	0.41 %	Lexington
WKMRDT2	11/29/2020	6:00 AM	Early Morning	ET		120	63	0.41 %	Lexington
WKSODT2	11/29/2020	6:00 AM	Early Morning	ET		120	63	0.41 %	Lexington
KSPSDT2	11/29/2020	6:30 PM	Early Fringe	PT		30	66	0.39 %	Spokane
KDINDT	11/22/2020	7:30 AM	Early Morning	CT		120	68	0.38 %	Des Moines
KDINDT	11/28/2020	6:30 AM	Early Morning	CT		90	68	0.38 %	Des Moines
KTINDT	11/22/2020	7:30 AM	Early Morning	CT		120	68	0.38 %	Des Moines
KTINDT	11/28/2020	6:30 AM	Early Morning	CT		90	68	0.38 %	Des Moines
KOODDT	11/29/2020	4:00 PM	Early Fringe	CT		90	70	0.37 %	Wichita, KS
KDCKDT	11/29/2020	4:00 PM	Early Fringe	CT		90	70	0.37 %	Wichita, KS

Station	Date	Time	Daypart	TZ	Episode	Dur	Rank	Cvg	Market
KSWKDT	11/29/2020	4:00 PM	Early Fringe	CT		90	70	0.37 %	Wichita, KS
KWKSDT	11/29/2020	4:00 PM	Early Fringe	CT		90	70	0.37 %	Wichita, KS
KBINDT	11/22/2020	7:30 AM	Early Morning	CT		120	72	0.36 %	Omaha
KBINDT	11/28/2020	6:30 AM	Early Morning	CT		90	72	0.36 %	Omaha
KHINDT	11/22/2020	7:30 AM	Early Morning	CT		120	72	0.36 %	Omaha
KHINDT	11/28/2020	6:30 AM	Early Morning	CT		90	72	0.36 %	Omaha
KYNEDT2	11/30/2020	12:30 AM	Late Fringe	CT		120	72	0.36 %	Omaha
KYNEDT2	11/30/2020	8:30 AM	Mid Morning	CT		120	72	0.36 %	Omaha
WDCQDT2	11/29/2020	9:30 PM	Prime Time	ET		120	73	0.36 %	Flint-Saginaw
WDCQDT2	11/30/2020	9:30 AM	Mid Morning	ET		120	73	0.36 %	Flint-Saginaw
WDCQDT3	11/30/2020	12:00 PM	Early Afternoon	ET		120	73	0.36 %	Flint-Saginaw
WKASDT	11/28/2020	1:30 PM	Early Afternoon	ET		120	75	0.35 %	Charleston, WV
WKASDT	11/29/2020	12:30 AM	Late Fringe	ET		90	75	0.35 %	Charleston, WV
WKPIDT	11/28/2020	1:30 PM	Early Afternoon	ET		120	75	0.35 %	Charleston, WV
WKPIDT	11/29/2020	12:30 AM	Late Fringe	ET		90	75	0.35 %	Charleston, WV
WKASDT2	11/29/2020	6:00 AM	Early Morning	ET		120	75	0.35 %	Charleston, WV
WKPIDT2	11/29/2020	6:00 AM	Early Morning	ET		120	75	0.35 %	Charleston, WV
WXXIDT2	11/29/2020	9:30 PM	Prime Time	ET		120	77	0.34 %	Rochester, NY
WXXIDT2	11/30/2020	1:30 AM	Late Fringe	ET		120	77	0.34 %	Rochester, NY
WXXIDT2	11/30/2020	9:30 AM	Mid Morning	ET		120	77	0.34 %	Rochester, NY
WCBBDT	11/30/2020	5:00 AM	Overnight	ET		120	78	0.34 %	Portland-Auburn
WMEADT	11/30/2020	5:00 AM	Overnight	ET		120	78	0.34 %	Portland-Auburn
WMEDDT	11/30/2020	5:00 AM	Overnight	ET		120	78	0.34 %	Portland-Auburn
KTSCDT	11/28/2020	4:00 PM	Early Fringe	MT		120	82	0.32 %	Colorado Springs
KTSCDT	11/30/2020	10:00 PM	Late Fringe	MT		300	82	0.32 %	Colorado Springs
WKMUDT	11/28/2020	12:30 PM	Early Afternoon	CT		120	84	0.32 %	Paducah-Cape Girard
WKMUDT	11/28/2020	11:30 PM	Late Fringe	CT		90	84	0.32 %	Paducah-Cape Girard
WKPDDT	11/28/2020	12:30 PM	Early Afternoon	CT		120	84	0.32 %	Paducah-Cape Girard
WKPDDT	11/28/2020	11:30 PM	Late Fringe	CT		90	84	0.32 %	Paducah-Cape Girard
WKMUDT2	11/29/2020	5:00 AM	Early Morning	CT		120	84	0.32 %	Paducah-Cape Girard

Station	Date	Time	Daypart	TZ	Episode	Dur	Rank	Cvg	Market
WKPDDT2	11/29/2020	5:00 AM	Early Morning	CT		120	84	0.32 %	Paducah-Cape Girard
WNGHDT	11/29/2020	7:00 AM	Early Morning	ET		120	88	0.31 %	Chattanooga
WNGHDT	12/1/2020	3:30 AM	Overnight	ET		120	88	0.31 %	Chattanooga
WVANDT	11/29/2020	7:00 AM	Early Morning	ET		120	91	0.30 %	Savannah
WVANDT	12/1/2020	3:30 AM	Overnight	ET		120	91	0.30 %	Savannah
KIINDT	11/22/2020	7:30 AM	Early Morning	CT		120	92	0.30 %	Cedar Rapids
KIINDT	11/28/2020	6:30 AM	Early Morning	CT		90	92	0.30 %	Cedar Rapids
KRINDT	11/22/2020	7:30 AM	Early Morning	CT		120	92	0.30 %	Cedar Rapids
KRINDT	11/28/2020	6:30 AM	Early Morning	CT		90	92	0.30 %	Cedar Rapids
KAFTDT	11/11/2020	1:00 AM	Overnight	CT		120	95	0.27 %	Ft. Smith, AR
WETKDT	11/15/2020	6:00 AM	Early Morning	ET		120	96	0.27 %	Burlington
WVERDT	11/15/2020	6:00 AM	Early Morning	ET		120	96	0.27 %	Burlington
WVTADT	11/15/2020	6:00 AM	Early Morning	ET		120	96	0.27 %	Burlington
WVTBDT	11/15/2020	6:00 AM	Early Morning	ET		120	96	0.27 %	Burlington
WMAUDT	11/28/2020	8:00 AM	Mid Morning	CT		90	97	0.27 %	Jackson, MS
WMPNDT	11/28/2020	8:00 AM	Mid Morning	CT		90	97	0.27 %	Jackson, MS
WMPNDT3	11/29/2020	4:00 PM	Early Fringe	CT		120	97	0.27 %	Jackson, MS
WUNUDT3	11/29/2020	2:00 AM	Overnight	ET		120	99	0.26 %	Myrtle Beach
WUNKDT3	11/29/2020	2:00 AM	Overnight	ET		120	102	0.25 %	Greenville-New Bern
WUNMDT	11/29/2020	2:00 AM	Overnight	ET		120	102	0.25 %	Greenville-New Bern
KQINDT	11/22/2020	7:30 AM	Early Morning	CT		120	103	0.25 %	Davenport, IA
KQINDT	11/28/2020	6:30 AM	Early Morning	CT		90	103	0.25 %	Davenport, IA
WQPTDT	11/28/2020	10:00 AM	Mid Morning	CT		90	103	0.25 %	Davenport, IA
WQPTDT	11/29/2020	1:30 AM	Overnight	CT		90	103	0.25 %	Davenport, IA
WQPTDT	11/29/2020	1:00 PM	Early Afternoon	CT		120	103	0.25 %	Davenport, IA
KUONDT2	11/30/2020	12:30 AM	Late Fringe	CT		120	105	0.24 %	Lincoln-Hastings
KUONDT2	11/30/2020	8:30 AM	Mid Morning	CT		120	105	0.24 %	Lincoln-Hastings
KHNEDT2	11/30/2020	12:30 AM	Late Fringe	CT		120	105	0.24 %	Lincoln-Hastings
KHNEDT2	11/30/2020	8:30 AM	Mid Morning	CT		120	105	0.24 %	Lincoln-Hastings
NET2	11/30/2020	12:30 AM	Late Fringe	CT		120	105	0.24 %	Lincoln-Hastings



Station	Date	Time	Daypart	TZ	Episode	Dur	Rank	Cvg	Market
NET2	11/30/2020	8:30 AM	Mid Morning	CT		120	105	0.24 %	Lincoln-Hastings
WKMA DT	11/28/2020	12:30 PM	Early Afternoon	CT		120	106	0.24 %	Evansville
WKMA DT	11/28/2020	11:30 PM	Late Fringe	CT		90	106	0.24 %	Evansville
WKOH DT	11/28/2020	12:30 PM	Early Afternoon	CT		120	106	0.24 %	Evansville
WKOH DT	11/28/2020	11:30 PM	Late Fringe	CT		90	106	0.24 %	Evansville
WKMA DT2	11/29/2020	5:00 AM	Early Morning	CT		120	106	0.24 %	Evansville
WKOH DT2	11/29/2020	5:00 AM	Early Morning	CT		120	106	0.24 %	Evansville
KRNED T2	11/29/2020	11:30 PM	Late Fringe	MT		120	109	0.23 %	Sioux Falls, SD
KRNED T2	11/30/2020	7:30 AM	Early Morning	MT		120	109	0.23 %	Sioux Falls, SD
WCES DT	11/29/2020	7:00 AM	Early Morning	ET		120	112	0.22 %	Augusta
WCES DT	12/1/2020	3:30 AM	Overnight	ET		120	112	0.22 %	Augusta
KOAC DT	11/29/2020	2:00 PM	Early Afternoon	PT		90	113	0.22 %	Eugene
KEPBD T	11/29/2020	2:00 PM	Early Afternoon	PT		90	113	0.22 %	Eugene
KEPBD T2	11/29/2020	2:00 PM	Early Afternoon	PT		90	113	0.22 %	Eugene
KOAC DT2	11/29/2020	2:00 PM	Early Afternoon	PT		90	113	0.22 %	Eugene
WNEOD T	11/15/2020	11:30 PM	Late Fringe	ET		120	119	0.21 %	Youngstown
WNEOD T	11/22/2020	12:30 PM	Early Afternoon	ET		90	119	0.21 %	Youngstown
WMUM DT	11/29/2020	7:00 AM	Early Morning	ET		120	120	0.20 %	Macon
WMUM DT	12/1/2020	3:30 AM	Overnight	ET		120	120	0.20 %	Macon
KQET DT	11/21/2020	6:00 AM	Early Morning	PT		120	124	0.19 %	Monterey-Salinas
KQET DT2	11/22/2020	11:30 AM	Mid Morning	PT		120	124	0.19 %	Monterey-Salinas
WJSP DT	11/29/2020	7:00 AM	Early Morning	ET		120	127	0.18 %	Columbus, GA
WJSP DT	12/1/2020	3:30 AM	Overnight	ET		120	127	0.18 %	Columbus, GA
WUNJ DT3	11/29/2020	2:00 AM	Overnight	ET		120	128	0.18 %	Wilmington
WMAB DT	11/28/2020	8:00 AM	Mid Morning	CT		90	133	0.15 %	Columbus-Tupelo
WMAE DT	11/28/2020	8:00 AM	Mid Morning	CT		90	133	0.15 %	Columbus-Tupelo
WDPBD T	11/9/2020	1:00 AM	Late Fringe	ET		120	137	0.14 %	Salisbury
WDPBD T	11/11/2020	4:00 AM	Overnight	ET		120	137	0.14 %	Salisbury
WDPBD T	11/14/2020	1:00 AM	Late Fringe	ET		120	137	0.14 %	Salisbury
WDPBD T	11/17/2020	1:00 AM	Late Fringe	ET		120	137	0.14 %	Salisbury

Station	Date	Time	Daypart	TZ	Episode	Dur	Rank	Cvg	Market
WDPBDT	11/21/2020	4:00 AM	Overnight	ET		90	137	0.14 %	Salisbury
WDSEDT2	11/28/2020	8:00 AM	Mid Morning	CT		120	140	0.14 %	Duluth-Superior
WRPTDT2	11/28/2020	8:00 AM	Mid Morning	CT		120	140	0.14 %	Duluth-Superior
KETZDT	11/11/2020	1:00 AM	Overnight	CT		120	143	0.14 %	Monroe-El Dorado
KSINDT	11/22/2020	7:30 AM	Early Morning	CT		120	148	0.13 %	Sioux City
KSINDT	11/28/2020	6:30 AM	Early Morning	CT		90	148	0.13 %	Sioux City
KYINDT	11/22/2020	7:30 AM	Early Morning	CT		120	150	0.12 %	Rochester, MN
KYINDT	11/28/2020	6:30 AM	Early Morning	CT		90	150	0.12 %	Rochester, MN
WABWDT	11/29/2020	7:00 AM	Early Morning	ET		120	154	0.12 %	Albany, GA
WABWDT	12/1/2020	3:30 AM	Overnight	ET		120	154	0.12 %	Albany, GA
WACSDT	11/29/2020	7:00 AM	Early Morning	ET		120	154	0.12 %	Albany, GA
WACSDT	12/1/2020	3:30 AM	Overnight	ET		120	154	0.12 %	Albany, GA
WMEBDT	11/30/2020	5:00 AM	Overnight	ET		120	155	0.12 %	Bangor
WMAHDT	11/28/2020	8:00 AM	Mid Morning	CT		90	157	0.11 %	Biloxi-Gulfport
WMAHDT3	11/29/2020	4:00 PM	Early Fringe	CT		120	157	0.11 %	Biloxi-Gulfport
KUFMDT	11/29/2020	3:30 AM	Overnight	MT		90	161	0.11 %	Missoula
KUFMDT	11/30/2020	8:30 PM	Prime Time	MT		90	161	0.11 %	Missoula
KUKLDT	11/29/2020	3:30 AM	Overnight	MT		90	161	0.11 %	Missoula
KUKLDT	11/30/2020	8:30 PM	Prime Time	MT		90	161	0.11 %	Missoula
KBGSMT	11/29/2020	3:30 AM	Overnight	MT		90	167	0.09 %	Billings
KBGSMT	11/30/2020	8:30 PM	Prime Time	MT		90	167	0.09 %	Billings
WKGBDT	11/28/2020	12:30 PM	Early Afternoon	CT		120	179	0.07 %	Bowling Green
WKGBDT	11/28/2020	11:30 PM	Late Fringe	CT		90	179	0.07 %	Bowling Green
WKGBDT2	11/29/2020	5:00 AM	Early Morning	CT		120	179	0.07 %	Bowling Green
KTEJDT	11/11/2020	1:00 AM	Overnight	CT		120	182	0.07 %	Jonesboro
KOABDT	11/29/2020	2:00 PM	Early Afternoon	PT		90	184	0.07 %	Bend, OR
KOABDT2	11/29/2020	2:00 PM	Early Afternoon	PT		90	184	0.07 %	Bend, OR
KUSMDT	11/29/2020	3:30 AM	Overnight	MT		90	185	0.07 %	Butte-Bozeman, MT
KUSMDT	11/30/2020	8:30 PM	Prime Time	MT		90	185	0.07 %	Butte-Bozeman, MT
KRMJDT	11/28/2020	4:00 PM	Early Fringe	MT		120	187	0.06 %	Grand Junction

Station	Date	Time	Daypart	TZ	Episode	Dur	Rank	Cvg	Market
KRMJDT	11/30/2020	10:00 PM	Late Fringe	MT		300	187	0.06 %	Grand Junction
WMAWDT	11/28/2020	8:00 AM	Mid Morning	CT		90	191	0.05 %	Meridian
WMAWDT3	11/29/2020	4:00 PM	Early Fringe	CT		120	191	0.05 %	Meridian
KUGFDT	11/29/2020	3:30 AM	Overnight	MT		90	192	0.05 %	Great Falls
KUGFDT	11/30/2020	8:30 PM	Prime Time	MT		90	192	0.05 %	Great Falls
KTNEDT2	11/29/2020	11:30 PM	Late Fringe	MT		120	195	0.05 %	Cheyenne, WY
KTNEDT2	11/30/2020	7:30 AM	Early Morning	MT		120	195	0.05 %	Cheyenne, WY
WMAODT	11/28/2020	8:00 AM	Mid Morning	CT		90	196	0.05 %	Greenwood-Greenville
KUHMDT	11/29/2020	3:30 AM	Overnight	MT		90	205	0.03 %	Helena
KUHMDT	11/30/2020	8:30 PM	Prime Time	MT		90	205	0.03 %	Helena
WMEMDT	11/30/2020	5:00 AM	Overnight	ET		120	206	0.02 %	Presque Isle